



Want to make a difference in our community? Volunteering is a great way to start!

The Healthy Aging Department at your local Area Agency on Aging is looking for enthusiastic, motivated and passionate volunteers to join our family.

Volunteer Position Information

Job Title: Coaches, Lay Leaders, Instructors, Educators

Job Description: Being coaches for Fall Prevention, Healthy Living, Caregivers.

Minimum Requirements: Volunteers who are interested in working in Falls Prevention, Caregiver empowerment and the Living Healthy field. Having background or experience as Physical Therapists, Personal Trainers, Teachers, Nurses and Social Workers are also welcomed.

Additional Requirements:

- Be able to communicate well with Adult population.
- Care and have interest working with seniors.
- Have a valid driver license and vehicle
- Be able to carry items up to 20lbs
- Be willing to submit to background screening.

Commitments: Volunteers will determine their own schedule in delivering classes and workshops. We ask that you commit to 2 workshops a year.

For more information, please contact:

Maureen McCarthy

HealthyLiving@aaapbtc.org

(561)684 5885. Ext.: 59103

Direct line: 561-214-8622

Area Agency on Aging

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West Palm Beach, FL 33407



If you love to volunteer, being the Coach is a great way to help improve lives of others.
Thank you for your interest!