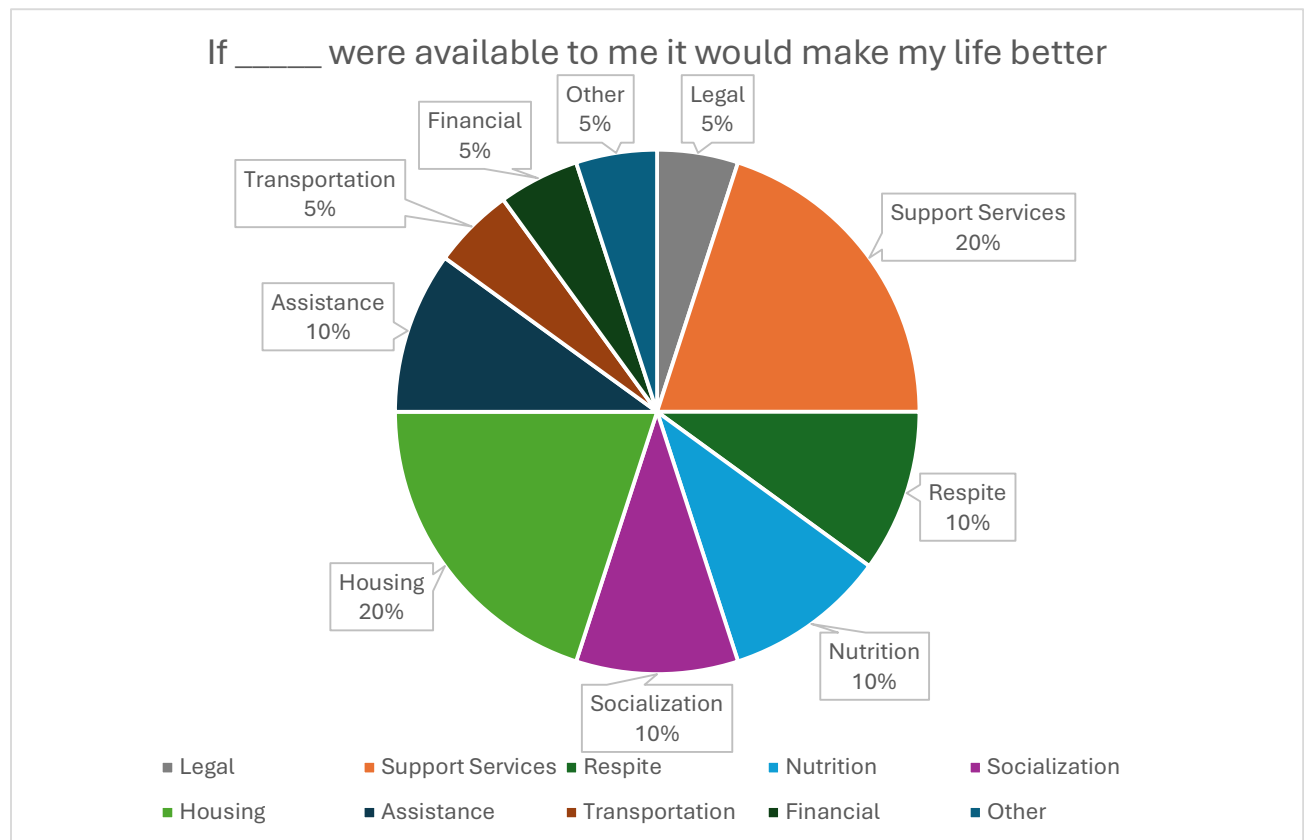


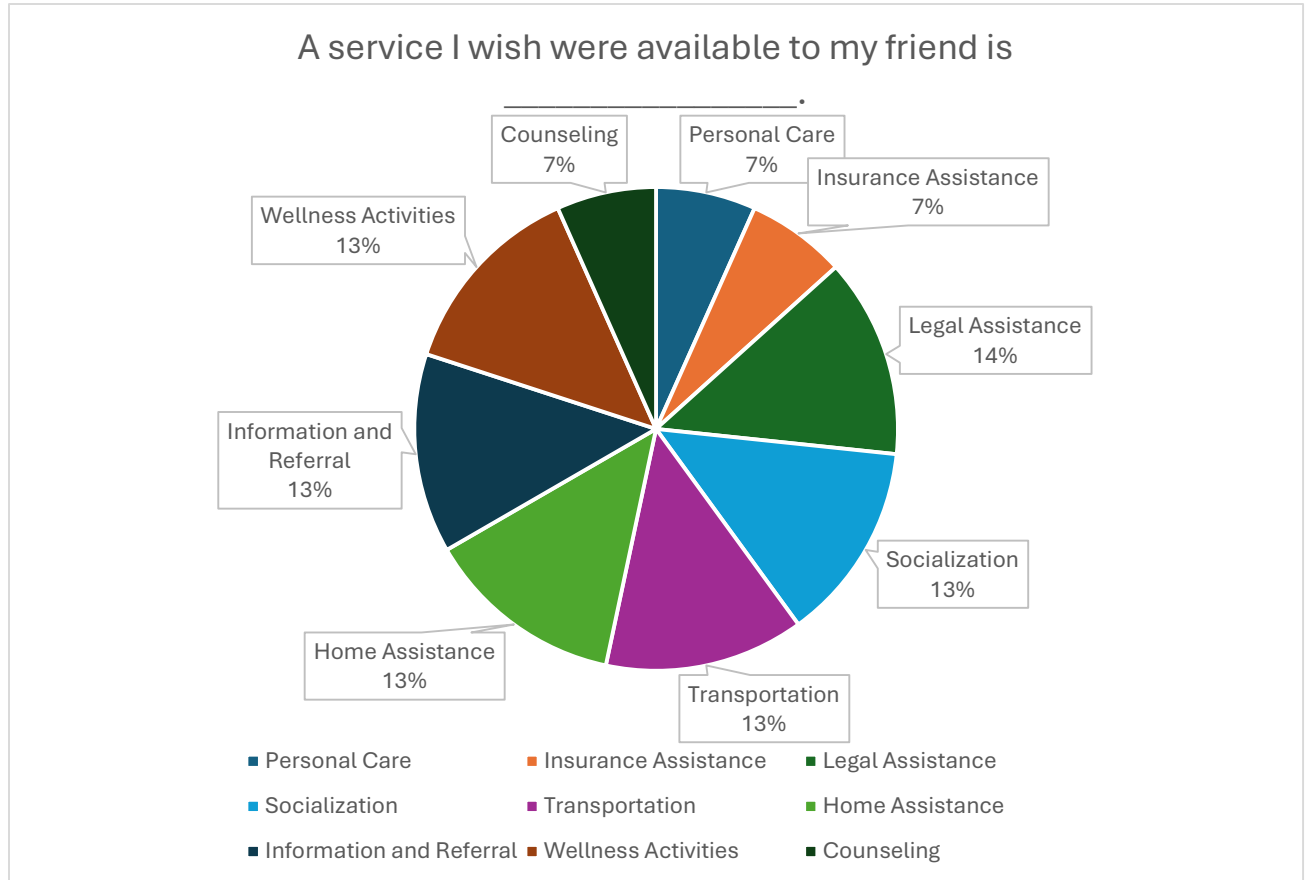
Responses from St. Lucie County Senior Forum – December 4th, 2024

The St. Lucie County Senior Forum held in Ft. Pierce at the Havert L. Fenn Center was rescheduled from the original date of October 17, 2024, to December 4, 2024, due to the impacts of Hurricane Milton. Participants at the St. Lucie County Senior Forum provided responses to several free-response survey questions. Some responses have been condensed to the main theme of the responses, while others are more detailed to capture concerns from the participants.

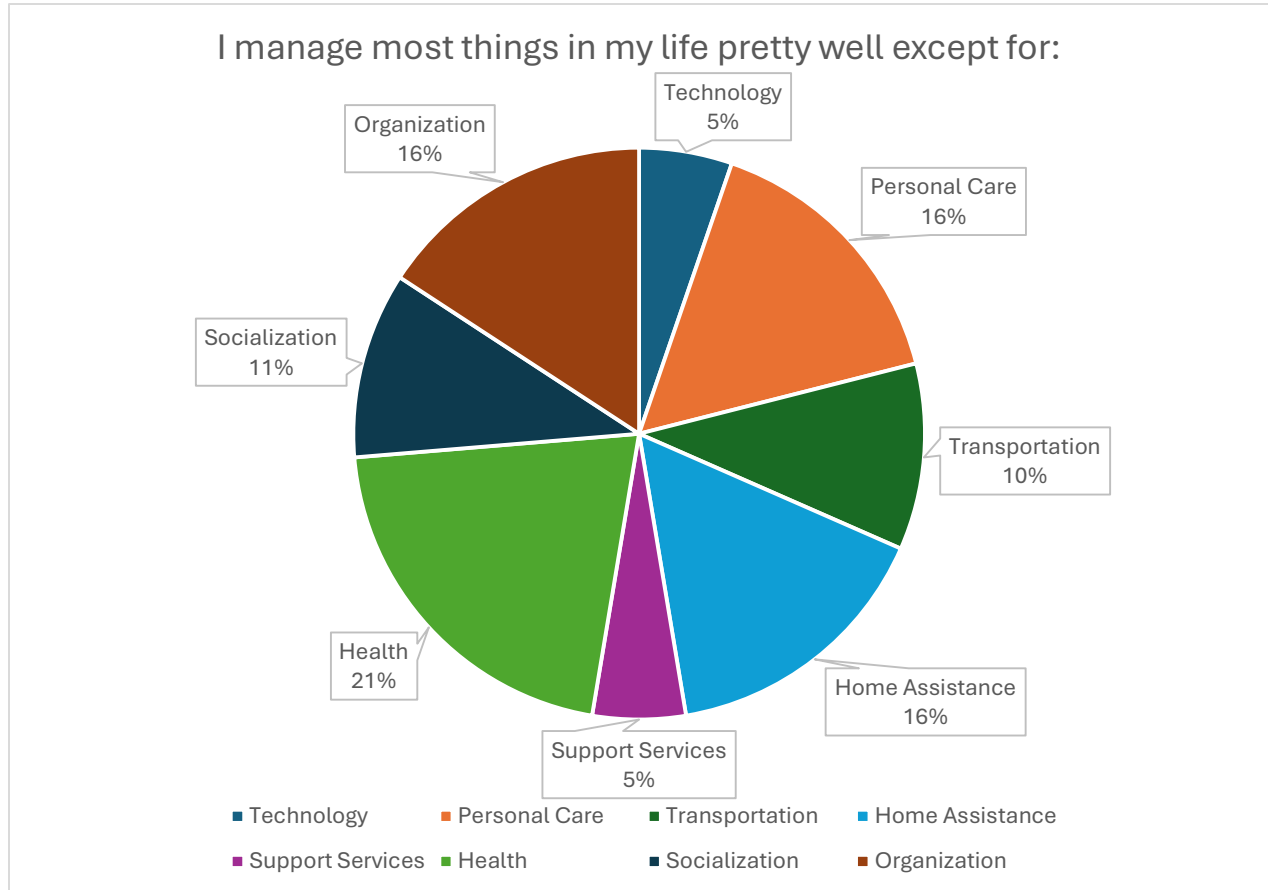
1. If ____ were available to me it would make my life better.



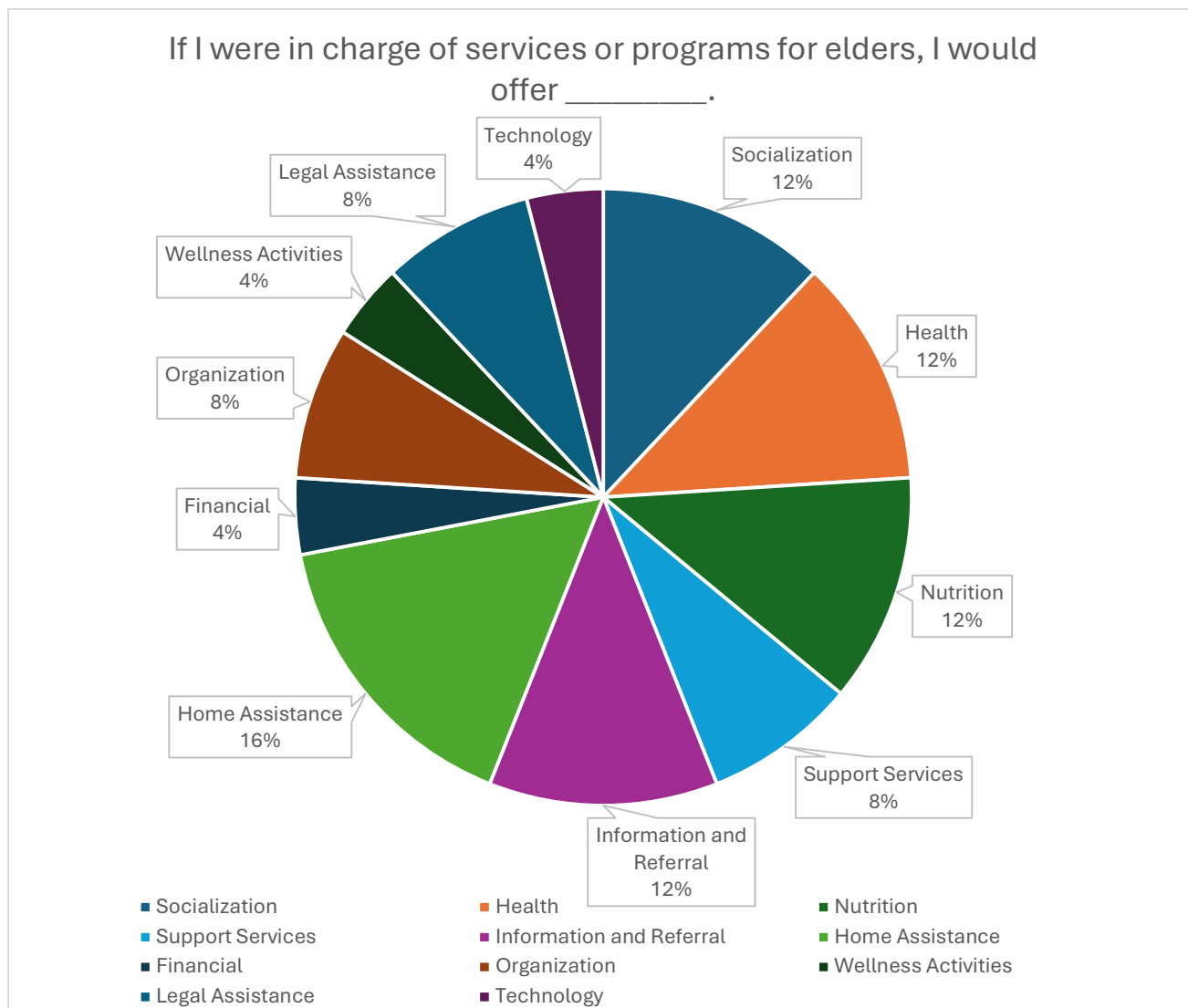
2. A service I wish were available to my friend is _____.



3. I manage most things in my life pretty well except for:



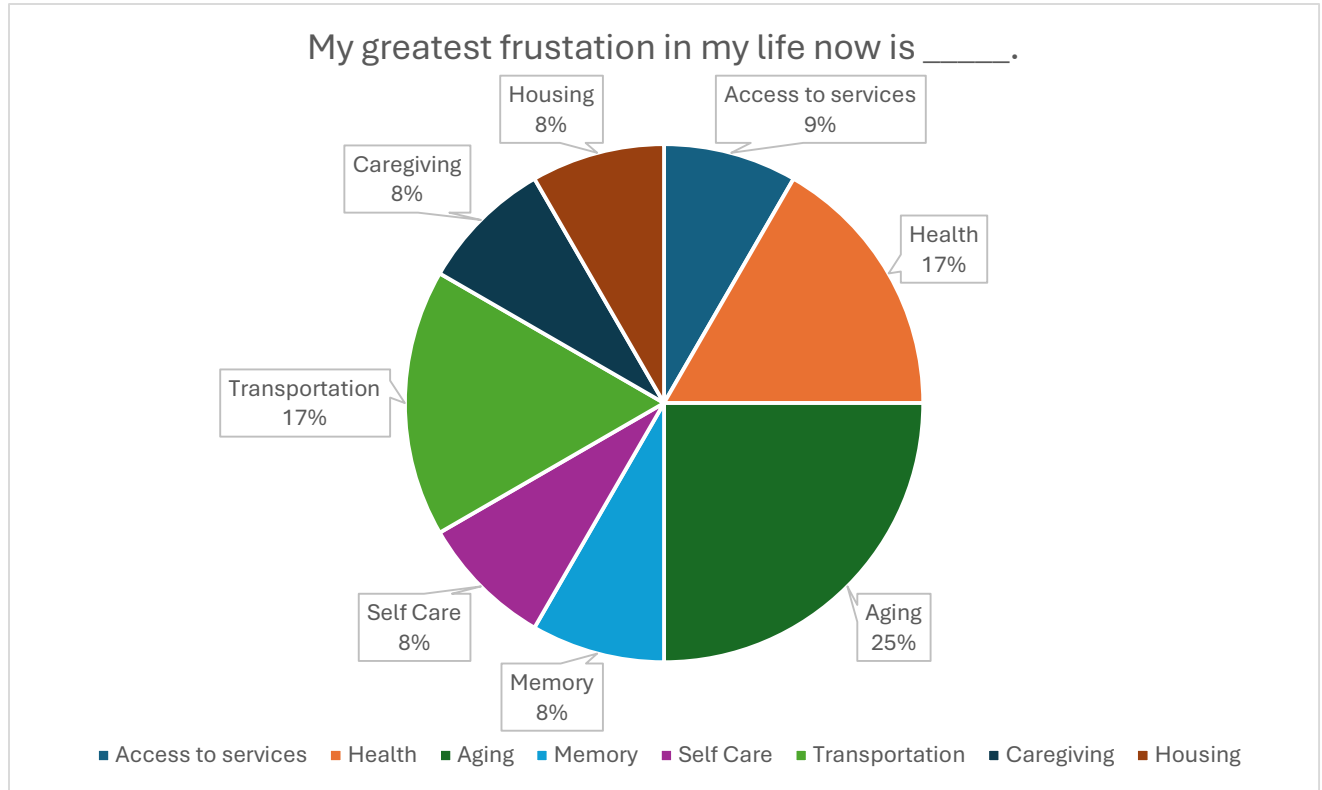
4. If I were in charge of services or programs for elders, I would offer _____.



5. My three biggest concerns are:

- Medication management, counseling on what is needed to have a quality life, older people understanding the Medicare program
- Barriers to access services and resources, how to respond to a crisis if my loved one needs help at night, qualifying for services - it should not be something you qualify for but based on assessment and needs identified
- Alzheimer's information in churches, diabetic, respite care for caregivers
- socialization, transportation, better Medicare coverage, make information of what's available to doctors to give to patients
- Knowledge is power - knowing what is available to me and where, transportation, socialization, protecting ourselves from identity theft
- Crimes against seniors (being taken advantage of), transportation, different housing options
- Quality of life, real food, honest health care, homelessness, budgeting skills, positive mindset
- Diminished cognitive capacity and memory, diminished mobility as degenerative disk disease and scoliosis impact ability to climb stairs, walk any distance, and sleep without pain, diminished visual acuity due to macular degeneration
- Determining living situation at large, transportation to get to dr appointment and groceries, affording retirement
- Better explanations of available services
- more funding for supportive services, affordable housing in safe neighborhoods, care for the caregiver
- Falling, not being part of social activities
- My spouse (caretaker) depression
- Finding suitable living arrangements when I can no longer live alone, vision care/corrections, finding adult groups to socialize with and exercise groups, transportation to/from surgical procedures which requires anesthesia
- Homeowners insurance (new roof, new AC, shutters behind my home), legal services - will, if I get very ill in my home is there any help I can receive for my food/day care
- Tree removal with wire going through it, roofing assistance and info, homeowners' insurance

6. The greatest frustration in my life now is _____.



7. I enjoy life most when I _____.

- Have my needs covered
- Exercise, go to church, socialize with neighbors
- Socialize
- Outdoors with other people who share common interests as me
- Can enjoy my favorite activities
- Socialize and learn
- Travel
- Outside
- Do things together with my partner
- I am active
- Outside
- Volunteer at local church and sewing